## Message from SIRIUS 22.11. 2021

## **Crunch Time**

We greet you children of light, as the process of the great cleansing is on its way, you may find that you are stepping into a new phase of your journey.

You have worked through much of your old Karmic patterns but new ones keep coming up. Most of you have already cleared the primary karmic themes of your life, related to friends, family and how you see yourself as a human being living here on Planet Earth.

It was most difficult for many of you to integrate in your local society, for you bring with you many codes that are absolutely foreign to the local population, yet you have taken on the great challenge of finding a way to make all of the higher knowledge work in an Earth based consciousness society.

You hold the knowledge of the higher realms inside of your very being, yet you have to find ways to apply this higher knowing in a practical way in your day to day life.

This is why we say that you have to become the person that is representative of the world that you want to live in.

All of you want to have a balanced and nourishing life experience, to inhabit the reality that you call Heaven on Earth, yet you don't take the necessary steps to embody that specific energy yourself.

First you must tune into your heart center, feel the unconditional love of your Higher Self, and from that free flowing perspective envision what it would be like for you to be in that reality. See it, feel it, and by this act, you are emanating the frequencies that will attract all necessary components to ensure the manifestation of that reality.

Be introspective, be conscious of yourself all day long, not just when you are alone, but in situations when you are interacting with your surroundings. Objectively observe yourself and see how you react in challenging situations.

It is rather easy for you to tune into the higher spheres and hold a love vibration when you are alone focusing on your meditation practice.

The next step on your journey is for you to learn how to hold your own energies in less than ideal circumstances.

Meditating, connecting with your higher self, is a crucial step in the grand process of awakening, for it allows you to re-align, and we urge you to practice this re-balancing on a daily basis, so you may experience less friction in life.

When enjoying the higher realms, observe yourself, how does it feel to be in that state, does it feel more natural, do you feel more like yourself?

When you are interacting with your surroundings, or when you are in challenging situations, observe yourself; how do you feel, does it feel less like you?

We know that it is more difficult to maintain a steady and balanced flow of energy in distracting situations, but this is the next step towards mastery of self.

You have all of the tools and all of the knowledge on how to navigate those situations, if it is not clear, we shall clarify;

During your Meditation you can tune into your higher aspect through your Heart center. In this state, you are able to anchor those higher energies in your body while sharing them with your surroundings.

Wherever you go into battle, always wear your armor; protect your energetic field at all times, for you live in a hazardous environment.

While you are protected you will find that you will be less distracted by unpleasant energies, you will be less influenced by the surrounding noise.

Going through difficult situations can be a real challenge even to veteran souls, so in order to overcome it, you must become the observer. View all things objectively, and with a clear mind utilize the Violet flame to transmute difficult situations.

This way you can transmute your own mental vibration, and through calming your own state of being you are able to influence the state of others as well.

Know that you are not overstepping the law of free will, for all who do not wish to partake in the transmutation, consciously or unconsciously will reject the energies that you emanate.

Always be the observer, and see more clearly who is open to receive support both energetically as well as in more direct ways.

You are going through a great transformation as a collective and many of your race are in a state of confusion, for the world that they have perceived as "real" is crumbling. You have been well prepared for how to navigate the realm of illusions, but most of your race is just starting to realize that they have spent their entire lives perpetuating an illusion.

It was not an easy process for you, and it is even more difficult for the newly awakened ones, for they have to digest a lot more information in less time.

With that we leave you children of Light, exercise unconditional love in all situations, Be well,

A'ho