

Message from SIRIUS 22.01 2022

Health and wellbeing

We greet you children of light. We have come to address pressing matters that preoccupy the collective thought of the human race. We bring you this important message at the time of your great collective transformation, for all of you are going through great changes on all levels.

The mental and emotional transformation is obvious to many of you, since the challenges of the past few years have prompted you to evolve and awaken to a reality that was hidden so far.

Now that you are all waking up to see a broader picture of your world and the cosmos; we welcome you into the light of the Light.

Know that all who are present right now on Earth are also going through a physical transformation, for your bodies must adapt in order to reflect the changes that are occurring in your consciousness.

Many of you may recognize the following symptoms being part of your day to day reality:

You may experience lasting fatigue; exhaustion from all the changes that are occurring in you on a daily basis.

Nausea; for your sense of what is real is changing, you are all starting to perceive more of what is around you.

You may feel out of time and out of place; for many of you are starting to redefine what it means to be You.

You are starting to realize that you are much more than the local personality; since birth you have been conditioned to believe that this person that you see in the mirror is the entirety of your being, and now you are starting to understand that this is merely a part of the infinite cosmic being that you are.

You are all waking up to a much larger and richer view of the world, for the blindfolds are being lifted, and all of you are going through this process at your own pace.

You are the forerunners of this great shift, for you carry the codes that are necessary in bringing about great change on all levels.

You have done this work on many worlds, and now you are lending a helping hand to the human race out of pure unconditional love.

You have all taken on many challenges when you have decided to incarnate as an Earth Human. You have taken on difficult relationships, destructive habits and ways of life, for the purpose of transmuting them.

You have made these patterns a part of your being, by going through the same difficulties as the majority of your race, and so you have earned the right to transform these energies.

By transforming these dysfunctional behaviors you are also assisting others in doing the same, in direct, and in many cases, less direct ways.

All that you do affects the whole of humanity.

All of the little challenges that you have in your life may seem insignificant to your eyes, but their effect reverberates through the cosmos.

Everything is interconnected, and everything that is happening right now on your world will affect the entire galactic community, for you are also in the process of becoming an integral part of the greater community.

We welcome you with the light of the Light.

Be well, and stand bright in the light of the eternal Sun,

A'ho