

# Message from SIRIUS 02.05 2022

## Portal 5 5, the New Phase ...

We greet you children of Light. We greet you at this new phase of your collective evolutions.

You have processed much darkness in your life recently, bringing up all of the old wounds that have held you back from reaching the next phase.

The human race has struggled to push through the lower 4th dimensional barrier that was holding everyone in a lower octave, preventing you from reaching a higher state of consciousness.

Of course there were individuals across history who came in with the sole intent to do the impossible, and to puncture holes into the veil of density, in order for other souls to come in, and also those who were ready to ascend could do so with more ease.

There were well organized historic events that were created with the intent to hold down the collective consciousness, by any means necessary.

Whenever the collective advanced in a new direction, there was always an event that contracted those energies.

There were many conflicts throughout your Earth history, and now you are working out the loose ends so you can all move on into the next phase of your collective evolutions.

The actors that you see on the stage and the audience that is watching the play, most of them are the same beings who have participated in the fall of your previous civilization.

In the past century you have acted out scenarios similar to the events that have caused the fall of Atlantis, and this trauma has marked the human race until this day.

These old traumas have re-emerged through your history, bringing everything to a colination point in the past decades. Many of you have also started to bring back memories of those times, for the purpose of healing and reintegration.

Your race has forgotten their origin, but many are now bringing back all of the lost knowledge, and by doing so you are healing all the old wounds that have been holding back the human race for thousands of years.

By remembering, you are able to access your knowledge from those ancient times, bringing all of your previous lifetimes into this one.

Through all of the life experiences that you had throughout your history, have worked towards a singular goal, to assure the preservation of the ancient knowledge so humanity, when the time comes, can ascend into the next phase of their evolutions.

It was a long ride, and you may not remember many of the experiences that you had before this lifetime, but the energy and lessons of the past are there, and they are starting to reemerge in a more potent manner, since you are all in the process of reintegration.

Your being has been fractured, but as you are all moving towards the 5th dimensional Earth, you naturally start to remember more of who you are. You were always a multi dimensional being, you just forgot this truth ages ago, but now as Earth is moving towards 5th density, you are becoming aware once more of your true nature.

The human race is evolving rapidly, not just on a consciousness level but also physically as well.

As your consciousness is expanding and you are re-integrating all aspects of your being, your body must also adapt, so it can house more of your Higher Self in human form.

It is not an easy process, and many of you have been experiencing many ups and downs in recent years, but this is all part of the gradual process of you becoming a higher dimensional being.

The main catalyst of your evolution right now is your local star.

Your Sun is channeling all the necessary energies to your system, propelling you further on the path of evolution.

Your Sun is a gateway of incredible magnitude. It is a portal that many beings use to travel and also to communicate through, we also send our

thoughts to you through the galactic network that you call stars.

As we have stated you are re-experiencing the ancient conflicts in the now, so that you may bring resolution to them after thousands of years.

Many wish to propagate fear into the hearts of the human race by spreading distorted information that doesn't reflect reality.

The ancient tactic of controlling people's perception of reality is still going strong today, yet there are many cracks in the web of illusions, making it possible to get a peek of what is truly happening behind the curtains.

The play that is being acted out is there to distract people's attention from what is truly unfolding on your planet:

You are breaking through the veil of illusions at a rapid rate.

More and more people are waking up from their age-old slumber, therefore you are moving towards the higher dimensions, pushing through the veil, leaving behind the world of illusions for good.

Ground yourself and focus on balance and peace of mind.

The stage is set for the grand awakening of the human race, and nothing can stop it, thus we recommend that you emanate as much grounding and peaceful energies as you can, so that the shift can unfold in a balanced and even flow for the benefit of all life on Earth.

With that we leave you,

Be well children of the morning.