

Message from SIRIUS 24.05 2022

The Flow of all things.

We greet you Children of Light. We are here to share our wisdom on how you can navigate the storm that you are in. You are in the middle of the greatest transformation that your world has ever seen.

The shift is moving rapidly, and it is not slowing down any time soon. As you all raise your vibration on a collective level, so does the element of time move faster since the plain of time and space is also moving towards the higher dimensions.

We wish to share our wisdom on how you can best prepare for what is to come on your Earth plain, and how you can best navigate the energies that are rapidly moving forward.

There are many distractions in your world that are geared toward captivating your attention, thus your power is drawn toward things that are outside of your realm of influence.

You may say all that we do affects the whole, and yes this is true, but you can not dictate at length in which direction humanity goes, or what they choose to experience on a grand level; what you can control is your inner being and your own personal experience.

You have full control over how you perceive and experience your reality. You can not change the weather in your outside world, but what you can choose is what you do with the opportunity that is given to you.

Everything in the Cosmos moves according to a grand rhythm, you also have a similar rhythm in your life. You may see them as the ups and downs that you experience each day and each week.

You may identify the ups as the synchronistic moments, when you are full of energy and everything seems to flow perfectly, but still after every up period one must descend into a lower octave.

The downtimes that you are experiencing are not there to hinder your growth or enjoyment of life, but rather they offer you a new perspective on what you have achieved thus far.

To fully navigate the downtimes, one must retract from the noise of the outside world and reflect. Take care of yourself and rest as much as you can, fully enjoying the grounding energies of Mother Earth.

Think of yourself as the Earth; you have the warm active seasons where everything grows and bears fruit, then you have the cold season where everything subsides, and goes into hibernation so it can regenerate for the next growing season.

All moves according to a well established rhythmic flow, thus instead of going against your natural pace in life, use it to your benefit, so it may further propel you on your Soul's journey.

But how can you navigate this storm, when there is so much going on around you? By staying centered in your core.

This may be easier said than done, but always remember you have your Light Team with you at all times. Ask for your Guides to hold space for you, ask them to shield you and to assist you in staying centered under all conditions.

Many of you are able to hold your center and be harmonious during your meditational practices, yet when the harsh conditions of your 3D reality come in, you feel as though you are losing your capability to hold your own energy.

This is, in part, because your attention is being drawn outside of yourself. Under such conditions you are unable to focus on your Core energy, since outside circumstances or social interactions split your attention. Fear not, this is where your Light Team comes in handy. Ask for them to hold space for you during occasions when your attention is drawn outward.

With that we leave you,
Be well Children of the Sun,
A'ho Blessings.